

José Calderón-Abbo, M.D.

Mindful Psychiatry

Psychiatry, Addiction Medicine, Mindfulness

American Board of Psychiatry and Neurology

American Board of Addiction Medicine

Center for Mind-Body Medicine

January 27, 2018

Dear Patient:

It is with mixed emotions that I announce the closure of my adult general psychiatry practice, effective March 1, 2018. Beginning in early March, I will be joining Optum, United Health Group, as Medical Director of Behavioral Health for the State of Louisiana. It has been a great pleasure providing for your health care needs over the years. You have honored me by allowing me to work with you, and I will always be grateful.

As you consider new healthcare providers, the following practitioners are colleagues whom I trust and respect. Alternatively, you can call your insurance provider for additional psychiatrist in network:

James J. Barbee, M.D.	504-891-8808
Kimberly Lavigne, M.D.	504-891-8808
Veronique Robins-Brown, M.D.	504-891-8808
Nick Pejic, M.D.	504-891-1682
Arwen Podesta, M.D.	504-252-0026
Integrative Behavioral Health Group	504-322-3837 (accepts some insurance)

Your medical records are confidential, and a copy can be transferred to another doctor or released to you or another person you designate only through your permission, as follows:

For records requests before March 7, 2018, please complete and return the attached Release of Information Request form to my current office, 3439 Magazine Street, New Orleans, LA 70115, or by fax to (504) 891-8883. A copy of the request form is also available on my website, mindfulpsychiatry.com.

For records requests after March 7, 2018, your records will be available through a custodian company, Iron Mountain, by phone at 800-934-3453 (please press option #1 for the first 2 prompts to contact the records request CARE team) or by mail at: Iron Mountain – ROI,
3900 Nome St. Unit J.
Denver, CO 80293

I will continue to update my website with new developments, including mind-body medicine and mindfulness trainings, mental health and addiction advocacy information, the Whole Body Mental Health Podcast, and other activities.

With deep gratitude, appreciation, and best wishes for your future health,

Jose Calderon-Abbo, M.D.
New Orleans, LA.