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**Current Positions:** Assistant Professor of Clinical Psychiatry, Louisiana State University Health Sciences Center (LSUHSC), Clinical faculty-Tulane University; and Private Practice in General Psychiatry, Addiction Medicine and Mind-Body Medicine with subcontracts including:

- Associate Medical Director, Co-Occurring Disorders Program. University Medical Center of Louisiana New Orleans.
- Faculty, The Center for Mind Body Medicine, Washington, D.C.
- Medical Director, New Orleans Council for Alcohol and Addictive Disorders.
- Clinical Consultant and evaluator for the Louisiana Board of Medicine, the Louisiana Board of Nursing, the Louisiana Board of Dentistry, the Louisiana BAR association, and the Louisiana Board of Physical Therapists.
- Clinical consultant on addiction medicine and traumatic stress to the Interior Ministry, México.
- Member of the México Con Paz Group consulting the Federal Government on ways to reduce violence and trauma related to organized crime in México.
- Host: Whole body mental health radio. Podcast on iTunes, and radio at [www.whivfm.org](http://www.whivfm.org) and Facebook WHIV FM radio.

Responsibilities include: administrative oversight and creation of addiction and co-occurring disorders programs at University Medical Center and clinical care for individuals with co-occurring disorders, along with the promotion and supervision of mind-body medicine programs at LSU, Tulane University, and privately. Teaching, tutoring, and supervising residents, medical students, psychology fellows, nursing, pharmacy fellows, and social work students; program development and quality assurance of clinical programs; clinical research; and private practice in integrative addiction medicine including functional medicine approaches to psychiatric care. Assessment and treatment for impaired professionals referred through state licensing agencies.

Mindfulness, stress reduction and wellness groups using mind-body medicine for clinical and non-clinical populations, including first responders, individual and corporate groups and the teaching of these practices to medical students and health care professionals. Clinical evaluations and consultation on mental health and addictions for the Louisiana State Board of Medical Examiners, The Physician Health Foundation of Louisiana, the Louisiana State Board of Nursing, Recovery Nurse Program, the Louisiana Board of Dentistry, the Louisiana State Board of Social Work Examiners, and the Louisiana Board of Physical Therapy.

Particular areas of interest include: Wellness, mind-body medicine, nutrition, functional medicine, and integrative evidence-based approaches in addiction medicine, trauma and teaching.

**Education:**

2014                   Applying Functional Medicine in Clinical Practice. Institute of Functional Medicine. September 8-12, Scottsdale AZ.

- 2009 Advance Professional Training in Mind Body Medicine. Center for Mind Body Medicine, Washington D.C.
- 2008 Food as Medicine: Professional Nutritional Training Program in Mind Body Medicine. James Gordon, M.D.; Kathy Swift MS, RD, LDN; Mark Hyman, M.D. Center for Mind-Body Medicine. 2008.
- 2008 Mind Body Skills for Children and Teens, Professional Training Program. Center for Mind Body Medicine. Deborah L. Kaplan, LCSW, LMFT; Lora Matz, MS, LICSW; James Gordon, M.D.
- 2008 Advance Professional Training Workshop, Center for Mind Body Medicine. James Gordon, M.D.
- 2006 Addiction medicine fellow. American Board of Addiction Medicine.
- 2006 Mind-Body Medicine Professional Workshop. Herbert Benson, MD Mind-Body Institute, Harvard University School of Medicine.
- 2005 Clinical Consultant Workshop on Office Based Treatment of Opioid Addiction. Reckitt-Benckiser.
- 2005 Speaker Training Workshop on Diabetic Peripheral Neuropathic Pain and Depression . Eli Lilly.
- 2005 Mindfulness-Based Stress Reduction in Mind-Body Medicine, 9 Day Summer Intensive Practicum. Florence Meyer, Center for Mindfulness, University of Massachusetts.
- 2004 Mindfulness-Based Stress Reduction in Mind-Body Medicine. 7 Day Professional Training. Jon Kabat-Zinn, Center for Mindfulness, University of Massachusetts.
- 2000-2001 Dialectical Behavioral Therapy. The Behavioral Transfer Group Inc.
- 1996-1999 Residency in Psychiatry. Department of Psychiatry, Wayne State University/Sinai Hospital of Detroit.
- 1998-1999 The Chief Resident Management Skills Workshop. Tarrytown, NY. Albert Einstein College of Medicine.
- 1999 First Annual Psychiatry Chief Resident Program. Washington, D.C.
- 1995-1996 Internal Medicine. Internship. Wayne State University/Sinai Hospital of Detroit.
- 1989-1995 Medical Diploma, M.D. (1995). National Autonomous University of Mexico (UNAM).

**Licenses/Credentials:**

- 2010-2020 American Board of Psychiatry and Neurology Recertification.
- 2002-Present Permanent License, State of Louisiana.
- 1997-2004 Permanent License, State of Michigan. (Inactive)
- 1995-2000 Training license, State of Michigan.
- 2000-2010 American Board of Psychiatry and Neurology.
- 2007- 2022 American Board of Addiction Medicine
- 2009-Present Certification in Mind-Body Medicine. Center for Mind-Body Medicine, Washington, D.C.

**Membership**

- 2007-Present American Society of Addiction Medicine
- 2015-Present Institute of Functional Medicine

**Experience:**

- 2017-Present Medical Director, New Orleans Council for Alcohol and Addictive Disorders.
- 2014-2017 Consultant and instructor, Tulane University Mindfulness Collaborative.
- 2014-present Consultant Tulane University, School for Executive Trauma Leadership.
- 2014-present Consultant Tsukuba University, Japan, Department of Psychiatry on public mental health trauma mitigation during natural disasters.
- 2013-present Consultant to the Interior Ministry, Mexico on addiction interventions to ameliorate drug-related violence.
- 2013 Consultant to the US Congress, Judiciary Committee, Subcommittee on Crime, Terrorism and Homeland Security on violence and mental health.
- 2013 Under Rep. Robert "Bobby" Scott (D-VA) Judiciary Committee, collaboration on the creation of the Youth PROMISE Act.
- 2010-Present Consultant on Trauma, Narcoterrorism, and Disaster Preparedness to the School of International Relations, Universidad Iberoamericana. México.

- 2009 Consultant to Mercy Health Partners Hospitals, Ohio on disaster preparedness.
- 2009 Consultant to the Mexican Secretary of Public Safety, Department of Corrections on psychosocial rehabilitation.
- 2009-Present Mind Body Medicine and Mindfulness-based Stress Reduction Groups. The Mindful Living Program.
- 2005-2009 Associate Clinical Director for Adult Services, New Orleans Adolescent Hospital.
- 2009 Co-Founder and Medical Director, Mind-Body Center of Louisiana.
- 2005-2009 Clinical Director, Partner in Community Care-Intensive Case Management Team, New Orleans Adolescent Hospital.
- 2008- Present Clinical Director Mindful Living Program for the promotion of Mind-Body Medicine, wellness and stress reduction skills.
- 2008-2009 Medical Director Partners in Community Care Program (Intensive case management for refractory mentally ill). Office of Mental Health, New Orleans, LA.
- 2006-2007 Tsu-Chi Mental Health Clinic-FEMA-Welcoming Center, Addiction medicine. LSUHSC.
- 2006-2009 Associate Clinical Director for Adult Services, New Orleans Adolescent Hospital.
- 2004-2005 Clinical Director, Co-Occurring Disorders Unit, Medical Center of Louisiana, New Orleans/LSUHSC.
- 2003-2005 Clinical Consultant and Supervisor in Dialectical Behavioral Therapy, New Orleans Center for Eating Disorders.
- 2003-2005 Clinical Consultant and Fellowship Training, Chronic Pain Clinic, Department of Physical Medicine and Rehabilitation, LSUHSC
- 2003-2005 Clinical Director Mental Health Services for the Homeless, Healthcare for the Homeless, City of New Orleans.
- 2003-Present Assistant Professor of Clinical Psychiatry. Louisiana State University Health Sciences Center-School of Medicine.
- 2003-Present Consultant to the Harvard Program for Refugee Trauma. Harvard University, Cambridge, Massachusetts.
- 2001-2002 Assistant Professor of Clinical Psychiatry. Michigan State University Medical School.

- 1999-2003 Director, Self-injurious Behavior Unit, Caro Center. Michigan Department of Community Health.
- 1999-2002 Forensic Not Guilty by Reason of Insanity and Incompetent to Stand Trial evaluations.
- 1998-1999 Chief Resident, Department of Psychiatry, Wayne State University/Sinai Hospital of Detroit.
- 1997-1999 Common Ground - Psychiatric Emergency Services, Oakland County Community Mental Health.

**Relevant Skills:**

***Clinical:***

- Integrative Mind-Body Medicine, and Functional Medicine applied to clinical and non-clinical populations
- Treatment of Individuals with addictions
- Evaluations and Consultant to the Louisiana Board of Medicine, the Louisiana Board of Nursing, and the Louisiana Board of Dentistry and the Louisiana Board of Physical Therapists.
- Psychosocial and psychopharmacologic interventions in clinical care, including:
  - Mind-Body Medicine models and interventions
  - Mindfulness-Based Stress Reduction
  - Mindfulness-Based Cognitive Therapy
  - Mind-Body Medicine-based Relapse Prevention
  - Dialectical Behavioral Therapy and Cognitive Behavioral Therapy for addiction, mood and anxiety disorders including posttraumatic stress
  - Individual and Group Psychodynamic Psychotherapy
  - Acute, subacute and long term treatment of individuals with co-occurring disorders including Office-based Opioid Treatment with Buprenorphine
- Treatment and training of first responders & healthcare providers
- Treatment of individuals exposed to violent trauma
- Inpatient and outpatient practice using a multi-specialty treatment team approach;
- Experience with both private and public sector

***Personal:***

- Excellent clinical and interpersonal skills;
- Bilingual Spanish/English Practice

**Honors and Awards:**

- 2010-Present Best Doctor's in America, peer selected listing.
- 2010-Present New Orleans magazine inclusion in "Top Doctors in the City" listing.
- 2009 New Orleans magazine inclusion in "Top Doctors in the City listing.

- 2009 Best Doctor's in America, peer selected listing.
- 2009 Inclusion in "Who is Who in Medicine" world directory.
- 2008 Excellence in Treatment Award. Council on Alcohol and Drug Abuse for Greater New Orleans.
- 2008 Nancy C.A. Roeske, M.D. Award for Excellence in Medical Student Education. American Psychiatry Association.
- 2007 Heroes in the Fight Award against Mental Illness. National Alliance for the Mentally Ill, Mental Health America, and Eli. Lilly.
- 2005 The Residents' Best Teacher Award. LSUHSC, Department of Psychiatry.
- 2004 The Residents' Best Teacher Award. LSUHSC, Department of Psychiatry.
- 2004 Future Leaders in Psychiatry Symposium. Emory University School of Medicine. Department of Psychiatry and Behavioral Sciences. Palm Beach, FL
- 1999 Calvin E. Schroeder, M.D. Award for Outstanding Graduating Resident, Wayne State University
- 1998 Eli Lilly Fellowship, 11<sup>th</sup> Annual Psychiatry & Mental Health Congress.
- 1997 Eli Lilly Fellowship, 10<sup>th</sup> Annual Psychiatry & Mental Health Congress.
- 1995 Graduated with Honors, Faculty of Medicine, National Autonomous University of Mexico (UNAM).
- 1989-1995 Proficiency Diploma, Distinguished Student Roll. National Autonomous University of Mexico (UNAM).

**Professional Memberships:**

- 2005-Present American Society of Addiction Medicine
- 2003-Present Louisiana Psychiatric Medical Association
- 2000-2004 American Psychoanalytic Society-Psychotherapist Associate.
- 2000-2004 Association for the Psychoanalytic Thought.
- 1998-Present National Alliance for the Mentally Ill.
- 1997-2004 Student Associate, Michigan Psychoanalytic Society.
- 1996-2004 Michigan Psychiatric Association.
- 1996-2012 American Psychiatric Association.
- 1995-1999 American Medical Association.

**Teaching Experience:**

**Academic:**

- Neuroscientific underpinnings of mindfulness. LSU Psychiatry residency. October 17 2017.
- Rx Mindfulness: Indications and Challenges. LSUHSC Office of Health Promotion Series. February 8, 2017.
- Rx Mindfulness: Origins, Mechanisms & Clinical Applications. Tulane University Department of Psychiatry, Grand Rounds. September 30, 2016.
- From Cushion to Clinic: Mindfulness: Origins, Mechanisms & Clinical Applications. Annual Louisiana Psychiatric Medical Association meeting. New Orleans. October 1, 2016.
- Mind-body Medicine and Mindfulness in clinical settings. Grand Rounds. LSU Psychiatry Our Lady of the Lake, Baton Rouge, LA. March 9, 2015.
- The Ying-Yang of Mind-body Medicine & Biomedicine. LSU School of Nursing, Campus Health, March 3, 2015.
- Neuroscientific basis of mindfulness, Tulane School of Social Work.
- Is mindfulness enough? Clinical Psychology program LSU.
- Mindfulness: Science, Applications and Practice Saybrook University. 2011
- Mind-Body Medicine including Mindfulness-based Interventions, Stress Reduction and Wellness curriculum to psychiatry residents and medical students LSUHSC. 2004-Present.
- The Mind-Body Connection: Lessons on Mindfulness-based interventions in Medicine. Health Promotion Series, LSU-School of Medicine. 2004-Present.
- Introduction to Cognitive Behavioral and Mindfulness-based Cognitive Behavioral Therapy, LSUHSC Department of Psychiatry 2005- 2009.
- Introduction to Dialectical Behavioral Therapy. LSUHSC Department of Psychiatry 2003-2009
- Addiction Medicine Course. LSUHSC Department of Psychiatry. 2005-Present.
- Addiction Medicine Course. LSU School of Medicine. 2005-Present
- Self Injurious Behavior, Clinical Aspects. LSUHSC Department of Psychiatry. 2002-Present.
- Brief Interventions and Motivational Interviewing for Psychiatry Residents. 2008-Present
- Posttraumatic Stress. LSUHSC Department of Psychiatry. 2002-Present.
- The Art of Interviewing using DSM-IV. Class for Residents in Psychiatry. LSUHSC-Department of Psychiatry. 2003-2009
- Personality Disorders in Clinical Practice. Freshman Medical Students Course and Psychiatry Residency Training. LSU-School of Medicine. 2005-2009.
- Clinical Aspects of Posttraumatic Stress and Dissociation. Freshman Medical Students Course and Psychiatry Residency Training. LSU-School of Medicine. 2005-Present.
- Forum Small Groups Discussion Series. Freshman Year, LSU School of Medicine. 2003-2007
- Applied Clinical Psychiatry in Health Care. Occupational Therapy Masters Series. LSUHSC School of Occupational Therapy. 2005-Present.
- Clinical Supervision, Masters in Mental Health, School of Nursing. LSU. 2005-Present.
- Residents Review Classes for PRITE Examinations. Sinai Hospital/Wayne State University. Detroit, MI.1998-1999

- Teacher Assistant in Histology. Faculty of Medicine, National Autonomous University of Mexico (UNAM). 1990

**Lectures:**

***Mindfulness, Wellness and Mind-Body Medicine***

- Beyond Mindfulness. Key Note Speaker DHH Symposium on Mental Health. Baton Rouge, LA 6/20/17.
- Mindfulness in clinical practice. Mindfulness conference. Tulane School of Social Work. April 17, 2015.
- Is Mindfulness Enough? Current applications of mindfulness and future directions. Tulane University School of Social Work. Resilience Conference with H.H. Dalai Lama. 05/16/13
- Peace from Within, Mind-Body Medicine Interventions to reduce violence associated with the war against organized crime in México. October 2012, México Con Paz.
- Trauma and Transformation using Mind-Body Medicine. Tulane University Department of Psychiatry. 10/18/12
- The Recovery Movement and Mind-Body Medicine: Convergence and Goals. National Alliance for Mental Illness, Louisiana. Annual Conference. 04-27-2012 Speaker.
- Integrative Medicine is Patient Centered Care. Presenter to the leadership committee. Patient Center Research Institute. New Orleans, LA November 2011.
- Caring for Ourselves while Teaching Others. Andrew Wilson Charter School, New Orleans LA August 2011.
- Caring for Ourselves while Caring for Others. Louisiana Spirit. July 2011.
- Mind-Body Medicine: Where do we go from here? Tulane University, Department of Psychiatry
- Peace From Within: Mind-Body Medicine Approaches in Public Health, the Gaza Experience. Universidad Iberoamericana. School of International Relations. México. November 2010.
- Mind-Body Medicine: Caring for Ourselves While Caring for Others. Bienesta Functional Medicine Clinic, México. November 2010.
- Mind-Body Medicine: What is it? and future directions. Bienesta Functional Medicine Clinic. México. November 2010
- Caring for Ourselves While Caring for Others. Grand Rounds LSU Department of Psychiatry. August 2010.
- Wounded Healers: The Mindfulness Way. Plenary session address at the Annual Meeting of the Louisiana Substance Abuse Counselors Association. New Orleans. July 2010
- Systems of Care post-Katrina Symposium. The Inpatient Hospital Experience. American Psychiatric Association 163<sup>rd</sup> Meeting. New Orleans, May 2009.
- Delivering Care post-Disaster Symposium: Mind-Body Medicine in Disaster Preparedness: Caring for the Provider. American Psychiatric Association 162<sup>nd</sup> Meeting. San Francisco. May 2009.
- "Mind-Body Medicine in Healthcare: Caring for Others While Caring for Ourselves". 45<sup>th</sup> Student National Medical Association. New Orleans, 2009.

- Rehabilitation of Mind and Body in the Correctional System. First National Forum on Penitentiary Industry. Secretaria de Seguridad Publica; Tijuana, Mexico. March 2009.
- Stress Reduction. WWLTV New Orleans. 2008.
- “Stress Reduction for Trainers” Presenter at the American Society for Training and Development, New Orleans, 2006.
- Introduction to Stress Reduction. Entergy Corporation, LA 2006. Workshop.
- Stress Reduction and Wellness to various groups. In Mind LLC 2005-ongoing.

#### ***Addiction Medicine***

- Addictions, the Doctor’s Opinion. State AA meeting, Baton Rouge, LA November 15, 2016.
- Introduction to Addiction Medicine Seminar, New Orleans Adolescent Hospital, May 2009.
- Addiction Medicine. WLAE-TV Tiger Care, PBS LA.
- Opioid Detoxification in Inpatient Settings. MCLNO Grand Rounds Psychiatry. 2004
- The Cutting Edge: Recommendations in the Management of Self-harm. Grand Rounds Presentation LSUHSC. 2004

#### ***General Psychiatry***

- Refractory Schizophrenia Contributions and Challenges. Southeast Louisiana State Hospital, 2008.
- Renewing Community Psychiatry in New Orleans: Reports From the Field. Innovative programs Presentation at the 2007 Institute of Psychiatry Services, New Orleans.
- Psychoanalytic and Cognitive-Behavioral Approaches to the Clinical Case. 43<sup>rd</sup> Congress, International Psychoanalytic Association, New Orleans, LA- Presenter. 2004
- The Wounded Healer, Grief and Trauma in Special Populations: First Responders. Seminar on Disaster Preparedness-Presenter. Louisiana Department of Health and Hospitals & Louisiana State University. 2005
- Origins and Psychosocial Effects of Terrorism: Overview for First Responders. Seminar. Louisiana State University School of Nursing. Presenter. 2003
- Psychosocial Interventions for The Treatment of Depression. Panel Discussant, Caro Center, Michigan Department of Community Health /Wayne State University. 2000
- The Cutting Edge. What the Clinician Needs to Know about Self-Injurious Behavior. Grand Rounds Presentation Ochsner Clinical Foundation. 2004
- The Multi-Impulsive Personality, Clinical Case Presentation. Grand Rounds, Caro Center, Michigan Department of Community Health. 2000
- Borderline Personality Disorder and Impulsive Suicide Risk, Clinical Case Presentation. Grand Rounds, Caro Center, Michigan Department of Community Health. 2000
- Pharmacological Management of Severe Personality Disorders, Grand Rounds. Presenter, Caro Center, Michigan Department of Community Health. 2000
- Cultures In Conflict: Challenges Integrating Psychoanalytic Ideas Faced By Mental Health Professionals From Diverse Cultural Backgrounds. Presenter, The American Psychoanalytic Association, 89<sup>th</sup> Annual Meeting. 2000
- Creativity and Mental Illness. Bipolar Disorder Support Group. DePaul Hospital, New Orleans. 2003

- On Love, Power and Virtue: Reflections on the Phenomenology of Compliance, a Philosophical Venture. Presenter, Wayne State University/Sinai Hospital of Detroit, Department of Psychiatry Clinical Case conferences series. 1998
- Depression, Anxiety and Stress: a Cardiac Reality. Presenter, Cardiac Rehabilitation Program, Wayne State University/Sinai Hospital of Detroit..1998
- Managed Care and the Future of Psychiatry. Ground Rounds- Presenter, Wayne State University/Sinai Hospital of Detroit.. 1997
- Melatonin: Current Perspectives-Clinical Conferences Series. Presenter, Wayne State University/Sinai Hospital of Detroit.. 1996
- Medical Ethics Conference. Presenter, Wayne State University/Sinai Hospital of Detroit. 1996
- Medical Ethics Grand Rounds. Presenter, Mexican Institute of Social Security, Mexico. 1993
- Physiological Aspects of the Immune Response. Presenter, Faculty of Medicine, National Autonomous University of Mexico (UNAM). 1990

### ***Workshops and Seminars***

- Mindfulness: Advance Teacher Training, Freret Street Yoga. Jan 14-15, 2017.
- Mindfulness-based Stress Reduction (MBSR) School of Contemplative Living, New Orleans February 14-March 27, 2016.
- Mind-body skills for relapse prevention in addictions. New Orleans Addiction Professional Association. September 26<sup>th</sup>, 2015.
- Mindfulness skills for stress reduction 4 week course. School for Contemplative Living Parker Methodist Church, New Orleans. May 7, 14, 21, 28, 2015.
- Introduction to mindfulness. Tibetan house of New Orleans. May 20, 2015.
- Trauma and Resilience-mindfulness. New Orleans Police Department & Child Advocacy Center. May 26, 2015.
- Mindfulness and mind body medicine. Children's Hospital of New Orleans Community Series. April 14, 2015.
- Mindfulness skills training workshop and curriculum. Tulane University. September-December 2014.
- Teaching mind-body medicine skill workshop. Interim Louisiana Hospital staff. New Orleans. August 15, 2014.
- Embodied Mindfulness workshop: Yoga, sitting practice and Qi-Gong. Freret Yoga Studio. August 20, 2014.
- Violence risk reduction and de-escalation using mind-body medicine. Touro Synagogue, New Orleans, March 2014
- Initial Professional Training in Mind-Body Medicine. San Antonio Tx. The Center for Mind-Body Medicine. September 2012
- Advanced Professional Training in Mind-Body Medicine. Washington, DC. The Center for Mind-Body Medicine. January 2011.
- Initial Professional Training in Mind-Body Medicine. Washington DC. The Center for Mind-Body Medicine. October 2010
- Initial Professional Training on Mind Body Medicine. San Diego CA. The Center for Mind-Body Medicine. October 2009.

- Medicina-Mente Cuerpo: Nuevos Modelos Integrativos (Mind-Body Medicine: New Integrative Models in Medicine). XXIX Congreso Nacional de Oftalmologia. Mexico.
- Mind Body Medicine and Mindfulness in Healthcare. Annual Conference for Workforce Development, National Alliance for the Mentally Ill-Office of Mental Health, LA.- Workshop
- Stress Reduction and Wellness 10-week Workshop. Associated Catholic Charities, New Orleans, LA 2008.
- Mindfulness-based Stress Reduction 4 week Course for Hurricane Katrina Evacuees/Healthcare Providers at Central Louisiana State Hospital. 2005
- Mindfulness-based Stress Reduction 3 week Course for the New Orleans Police Department, Baton Rouge LA- Program Development & Consultant. 2005
- Mindfulness-based stress reduction 3 week course for the Department of Psychiatry, LSUHSC. 2005
- Stress Reduction Seminar 6-weeks Jewish Council fo Greater New Orleans, 2006.
- Mindfulness-based Cognitive Therapy 8 week-seminar. Healthcare for the Homeless. New Orleans. 2004

***Pharmaceutical Industry:***

- Speaker for Allergan Pharmaceutical. 2016-Present.
- Strategies in the Management of Opioid Withdrawal Using Buprenorphine. Reckitt-Benckiser. 2005-2007.
- Advances in the Management of Diabetic Peripheral Neuropathic Pain. Eli Lilly. 2005-2008.
- Dually Acting Agents in the Management of Depression. Eli Lilly. 2005.
- Depression and Anxiety in Primary Care. Pfizer Pharmaceuticals. 2003-2004.
- Zyprexa Revised. Eli Lilly. 2004-2008.

***Other:***

- Embodied Mindfulness. Fundraising Saul's Light Foundation. Freret Street Yoga. October 18, 2016.
- Embodied mental health, functional approaches in psychiatry. WHIVFM radio, Host. May 6, 2015.
- Mindful psychiatry. The Happy Hour, Grant Morris. Web radio [www.itsneworleans.com](http://www.itsneworleans.com) . November 21, 2014.
- Suicide. WWL The Think Tank with Garland Robinette. August 14, 2014
- Suicide. WWL Spud MacKenzie show. August 12, 2014.
- Suicide and bipolar disorder. Scott Preskott III. The Times Picayune available at [http://www.nola.com/health/index.ssf/2014/08/robin\\_williams\\_battle\\_with\\_dep.html](http://www.nola.com/health/index.ssf/2014/08/robin_williams_battle_with_dep.html)
- Medical Marijuana. WWL radio New Orleans April 15<sup>th</sup> 2014.
- Medical Marijuana. WWLTV New Orleans Jan 30<sup>th</sup> 2014.
- Violence and Mental Health in the US. Guest . "La Hora 9" radio show, KW Continent Panama, Panama. 95.9 FM 1/18/13
- Exposure to Organized crime related violence in Mexico. Guest. "La Hora 9" radio show, KW Continent Panama, Panama. 95.9 FM 12/1/11

- Film series on Love: "Like Water for Chocolate"-Presenter. The Association for the Psychoanalytic Thought. 2001
- Film series on migration, "Mi Familia"-Presenter, The Association for the Psychoanalytic Thought. 1999
- Visiting Professor Psychoanalytic Program with Guest Lecturer Dr. Robert Michaels, M.D. Presenter, Sinai Hospital of Detroit/Michigan Psychoanalytic Institute. 1998

#### **Committee and Administrative Services:**

2017-Present	Medical Director, New Orleans Council for Alcohol and Addictive Disorders.
2013-2016	Collaboration with the US Congress, Judiciary Committee, Subcommittee on Crime, Terrorism and Homeland Security on reducing gun related violence.
2013-Present	Consultation to the Ministry of Interior on addiction treatment to reduce violence related to organized crime in México.
2010-2014	Collaborative for the Reduction in Substance Use Demand. Member. New Orleans.
2010-2011	Medical Director Short Term Medically Assisted Withdrawal Unit, Odyssey House, New Orleans.
2009-Present	Associate Medical Director Co-Occurring Disorders Unit, LSU University Medical Center, New Orleans.
2006-2009	Associate Clinical Director Adult Psychiatric Services. New Orleans Adolescent Hospital.
2006-2009	Pharmacy and Therapeutics Committee Member. New Orleans Adolescent Hospital.
2005	Esperanza Inc. Non-Profit organization devoted to the prevention of substance abuse and promotion of healthy habits in Hispanic children and adolescents. Advisory board-Member.
2003-2014	Residency Training Committee. LSUHSC Department of Psychiatry.
2003-2004	International Consortium For The Advancement Of Psychological Wellness in Terrorism Response and Complex Trauma. Member.
2002	The Association for Psychoanalytic Thought-Executive Board-Member.
2000-2001	Chairman, Recipient Rights and Ethics Committee. Caro Center. Michigan Department of Community Health.
2000-2002	Chairman, Seclusion and Restraints Committee. Caro Center, Michigan Department of Community Health.
2000-2002	Clinical Guidelines for the Treatment of Pain Syndromes, Self Mutilation and Insertions Task Force. Caro Center, Michigan Department of Community Health.
1999-2005	Member, Committee on Racial and Ethnic Diversity. The American Psychoanalytic Association.
1999-2005	Member, Subcommittee on Hispanic Outreach. The American Psychoanalytic Association.
2001	Organizer, Out Of The Closet And Off The Couch: Psychoanalysis Looks At The Expressions Of Sexual Orientation In Film. The Association For Psychoanalytic Thought.
1997-2000	Member, Biannual Symposium, Extension Division. Michigan Psychoanalytic Institute. Organizing Committee.
1999-2003	Member, Film Committee. The Association for Psychoanalytic Thought.
1998-1999	Outpatient Evaluation Committee. Resident Representative. Department of Psychiatry, Wayne State University/Sinai Hospital of Detroit.

- 1998-1999 Member, Integration Committee for the Joined Psychiatry Residency Program. Wayne State University/Grace-Sinai Hospital of Detroit.
- 1997-1999 Residency Liaisons Committee. Michigan Psychoanalytic Institute.
- 1998 House Staff Representative to the Senior Staff Committee. Wayne Stet University Detroit Medical Center/Sinai Hospital of Detroit.
- 1997 House Staff Representative to the Staff Executive Committee. Wayne State University/Sinai Hospital of Detroit.

**Research:**

- 2013-2015 Transcranial Magnetic Stimulation
- 2011-Present Exposure to organized crime related violence in Mexico: Psychological and medical repercussions.
- 2011-Present Vitamin D deficiency in the mentally ill.
- 2010-Present Mind-Body Medicine-based relapse prevention for addictions.
- 2009 Nutritional aspects in the care of the mentally-ill.
- 2005-Present Mindfulness-based interventions in Medicine.
- 2005 Effectiveness of Quetiapine in Bipolar I disorder and Alcohol dependence. Astra-Zeneca.
- 2005-2010 Mindfulness-based Cognitive Therapy for the Dually Diagnosed Homeless Population.
- 2003-2012 Psychosocial Resilience in First Responders, Families and Children: Terrorism Response. LSUHSC Department Of Psychiatry.
- 2001 High Dose Olanzapine For The Treatment Of Refractory Self-Injurious Behavior. Caro Center, Michigan Department of Community Health. Data Not Published.
- 2000 Biopsychosocial Treatment of Self-Injurious Behavior, Complex Trauma and Severe Personality Disorders.
- 2000-Present Psychosocial Effects of Trauma in Civilian Populations.
- 1998 Potential Treatment of Clozapine-Induced Hypersalivation with Ipratropium Bromide. WSU/Sinai Hospital of Detroit.
- 1995 Anthropological and Psychological Approaches to the Origins of Myth. Medical Anthropology Department. National Autonomous University of Mexico.
- 1994 Description of Cellular Immune Response to Mitogens in patients on Antidepressant Medication. Mexican Institute of Psychiatry.

**Grants:**

- 2011-2012 Mind-Body Center of Louisiana. Associated Catholic Charities: Spirit of Hope Collaborative to provide mind-body interventions for communities affected by the oil spill. LA. \$50,000
- 2011-2012 Mind-Body Center of Louisiana. Associated Catholic Charities: Spirit of Hope Collaborative to provide Mind-Body Medicine-Based Relapse Prevention for Addictions in communities affected by the oil spill. LA \$50,000

**Publications:**

Meschoulam M, Calderon J (2017): Organized Crime, Fear and Violence in Mexico. In Governance, Development, and Social Inclusion in Latin America. Eds Palgrave McMillan. In Press.

Calderon J (2016): Relaxation techniques. In "Mejora tu Salud de Poquito a Poco": 159-165. Rivera J. Pinguin Random House. 89950 SW, 74th Court , Suite 2010. Miami, FL 33156. [Spa]

Barbee J, Lavigne K, Hansel T, Jansen J, Calderon J: Optimizing response to TMS in treatment resistant major depression through intensive concomitant medication management. J Clin Psych in press.

Sharff P, Calderon-Abbo J, Gordon J, Chodroff C (2012) Averting the Consequences of Mass Shootings and Urban Gun Violence. Judiciary Committee, Subcommittee on Crime, Terrorism and Homeland Security. Available at <http://www.thecrimereport.org/news/inside-criminal-justice/2013-01-taking-aim-at-urban-violence-and-mass-shootings>

Calderón J (2011: Reflections on Thoughts by Andre Guide and Jean Paul Sartre. In Calderón M "Reflexiones en Confianza" Universum Eds. México. 2011. (Spanish)

Calderón J, Kronenberg M, Many M, Osofsky JH (2008): Fostering Posttraumatic Growth in Healthcare Providers in Disaster Areas, Proposed Additional Core Competencies in Trauma-Impact Management. Am J Scientific Med, Aug 2008.

Calderón J (2008): Rebuilding of Public Psychiatric Inpatient Services in Post-Katrina New Orleans. Psychiatric Services, 59(3): 304-309.

Calderón J, Bruce ML (2007): Taking Issue: Disasters, Social Forces and Opportunities. Editorial. Psychiatric Services 58(11): 1393.

Osofsky HJ, Osofsky JD, Calderon-Abbo J: Coping Strategies to Help Adults and Children Deal with war, Violence, and Potential Terrorist Attacks. (2003) A collaborative effort of the Department of Psychiatry/LSU Health Sciences Center, New Orleans and the Louisiana Department of Education (1<sup>st</sup>. Ed.) [Brochure]

Calderon, J., Rubin.E, Sobota.W (2000): Potential Use of Ipratropium Bromide for the Treatment of Clozapine-Induced Hypersalivation: A Preliminary Report. Int Clin Psychopharm, 15 (1): 49-52.

Calderon J (1994): Circulatory Support and Cardiopulmonary Transplant. Calderon, M., Verdin, M.R., McGraw Hill Interamericana, 1994. Collaborator in 3 chapters.

Garitano, Z.F., Calderon, J., Ortega,H (1993): Neuroendocrine Factors and Clinical Studies: Effects of Depression on the Immune Function. Psiquiatria (Spanish) 9; 2: 70-73.

Calderon, J.(2001) "El Mono Desnudo" in Calderon,, M. Filosofia Quirurgica. McGraw Hill Interamericana. (Spanish)

Calderon, J. (1992): Mezcalito, Hero Among Gods. Todos Nosotros 2:1: 5-6. (Spanish).

Calderon, J. (1996): Arena: 50 Poems. Douglas Ed.Mexico. (Spanish).

Calderon, J. (2000): Poems. Generation 99. The Journal of UCLA-Center for Latin-American Studies.

#### **Posters**

Barbee J, Calderon-Abbo J, Lavigne K, Jansen J (2013): Optimizing Response to Transcranial Magnetic Stimulation (TMS) in Major Depression Through Intensive Concomitant Medication Management. Clinical TMS Society meeting, San Francisco, CA. May 18, 2013.

Barbee J, Calderon-Abbo J, Lavigne K, Jansen J (2013): Transcranial Magnetic Stimulation as an Augmentation Agent in Treatment Resistant Bipolar II Depression. Clinical TMS Society meeting, San Francisco, CA. May 18, 2013.

**Media:** Whole Body Mental Health Radio, weekly radio show and podcast. Host. WHIVradio.org and iTunes.

**Other:** Ortega, Herrera, Kiesler, Calderon: Romance. Musica Viva International, Ortega Productions. 48:46 min [Music CD].

Dale Miller Lisa: Effortless Mindfulness. Routledge. 711 third Ave, New York, NY. 10017. 2014. Featured.

**Languages:** Spanish, English.

**Other Interests:** Literature, Outdoors, Performing Arts.

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